

Lifeonaire Vision

Needs

- I already have everything that I need, food, shelter, water. I have certainty that God is going to take care of me no matter what. I need time alone. **What do I NOT NEED that I can eliminate in my life and business?**

Health

- I feel more alive now that I ever have felt. The food I eat is a conscious choice and I am in control of my choices. I am conscious of being healthy and being healthy does not consume my entire life. **What am I going to do to energize my body today?**

Spiritual

- I have a completely open and upfront relationship with God. I use the bible as the foundation to teach. I am the spiritual leader of my household. I trust that no matter what happens to me, good or bad, God promises to provide. **How can I become even closer to God right now?**

Family

- I have a never ending love affair with my wife. I tell her how much I love her every day with passion, not simply in passing. **How am I going to meet my wife's 6 human needs today?** My little boy Lucas reminds me to be like a kid and just HAVE SOME FUN!! I am totally enthralled in his interests and am a big part of his life. I am able to be there for him whenever he needs me to be there. I am a living, breathing, real life example to the rest of my family. I am truly happiest when I'm spending quality time with my family!

Friendship

- My friends are a HUGE source of fun for me. We get together often for good conversation and a cold beer. They are a huge source of love (and reality) to me. I am constantly growing and cultivating my circle of friends. **How am I going to have FUN today?**

Business

- My coaching business is one of the largest sources of "giving back" for me. I have created hundreds of other lifeonaires, as well as taught those lifeonaires how to make a difference in the lives of those they touch as well. **My entire business revolves around 3 things: Learning, Creating, Sharing.** I ONLY teach based on my own personal experience and absolute truth. (No matter how difficult.) This is why people are drawn to listen. It's as comfortable for me to charge for my expertise as it is for peoples' desire to pay for it. Focus on creating income only if it adds tremendous value to other people. **What can I outsource today to become even more resourceful?**
- How can I work towards spending the majority of my time doing Lifeonaire?

Charitable

- I have attended a missions trip in 2010. When my friends and family need financial help or my time, I am able to give it to them without expecting repayment.

Prayer/Gratitude List

I am SO thankful for:

- My wife, the fact that she allows me to be the man that I need to be.
- My little boy Lucas. He makes me smile every single day.
- That I have the freedom in my business to do whatever I want to do each day! I don't have to answer to a boss over looking my shoulder every minute!
- I have a warm home to work in each day, and I have almost NO overhead because of it. I'm so thankful that I can do my business virtually anywhere!
- I have freedom, which means that I can go upstairs and see my family any time during the day that I choose to.
- Anything that I want, I can have. All I have to do is create a plan to get it. And I LOVE to create, so anything I want to create is fun.
- I'm thankful for my dogs
- I'm thankful that I have a body that is capable of exercise. I'm thankful that God has healed my back!
- I'm thankful that I have an unlimited supply of support structure from my friends and family. I'm thankful for my coaches and my ability to coach others as well!
- **What else COULD I be grateful for today if I wanted to be?**

Prayer list – God Please help to provide:

- Faith in you. Please don't allow me to forget that YOU are the one in control.
- Please help me run my business and life with YOU first. Please help me remember to serve you with all that I do.
- Please help me to stop seeking all of my answers outside of You. Instead, help me to WANT to read the bible, even during times when I don't want to
- Lord, show me how to forgive today. If I don't forgive those that have done me wrong, how can I ever expect you to forgive me for the things I've done to You?
- Please help me to focus on RIGHT NOW. Please remind me not to worry, and that you will always take care of my needs.
- God, please help me make a difference today.
- Please help Yancy Emery today along with his son and family & also Mandy. Please help my sister find something she loves to do.
- Lord, please help me to show other people to your kingdom today.

Lifeonaire Waypoints and Goals

Spiritual – Spend each morning with quiet time – by myself, before turning on the computer, emails, phone calls, etc...

Friends – Schedule one guys trip to go to San Jose to see Nick! Schedule vacation for Johnny's wedding.

Family – Schedule one vacation away with Jennie – Motorcycle riding in Colorado with NO Plans whatsoever! Every Thursday is a day with Jennie unless I have a coaching call (twice per month). Plan the next "night out" where we get a babysitter on a regular basis and spend time together. On the next date night, revise our "bucket list".

Debt Free – Put stuff on ebay, use the \$ to payoff debt. Payoff another \$15K by June 1st. Sell Illinois Property.

Personal Gratification – Spend some time recording. Finish one song by May 15th. Half the fun is doing it, the other half is having a finished product that you'll really be proud of!

Business - MAKE SURE THAT ALL BUSINESS WAYPOINTS HONOR MY WORKTIME. **Structure business to cover monthly expenses and become financially free.**

- **Misc**
 - o Further develop 2010 business plan – Schedule this immediately.
 - o Re-Figure out monthly expenses with Matt – what expenses will be covered by Lifeonaire, which ones will be my own? What is our current expected monthly income after all expenses
 - o Do daily Rocks EVERY DAY!!!
 - o Devise a plan to eliminate so much email responsibility each day. How am I going to do this?
- **SSW Speaking**
 - o Revise entire Short Sale Wealth home study course.
 - o Revise entire website – monthly revenue from website could be HUGE, add affiliate section
 - o Develop a way to start booking external speaking engagements, teleseminars, etc...
 - Promote to Wendy Patton, Dan Aito, JP, REI Club, Flipping Homes, STREET, WIN, Linda Yates (Foreclosures.com 305-992-7725 lyates@foreclosures.com, Rob Minton
- **Coaching**
 - o Fill Titanium group
 - o Develop program to have my top students become coaches, take me out of the picture...
- **Lifeonaire**
 - o Rebuild new website – complete operations ready by May 30th. Put plans in place to hire a full time

Health – Sit down with Jennie to come up with a list of healthy meals that we can eat and she will enjoy cooking. Post to the fridge. Ride my bike 50 miles in the Strawberry festival, May 30th.

Daily Rocks

What can I delegate today???

What do I REALLY want today (outcome) What does God want for me? WHY do I want this?

- Order guitar part for recording
- Prepare/finalize Lifeonaire presentation for tomorrow.
- Schedule the next date night with Jennie and I.
- Get completely caught up on email so that you do NOT have to answer any emails tomorrow. Tomorrow will be time away day working on the business, not in it.
- Put together an email to everyone that bought REI Blackbook to get them access to the What's Working Now audio.
- Prepare emails, setup for REI Blackbook affiliate launch tomorrow.

Tomorrow:

- Have an excellent SSW coaching meeting!
- Have a superb Lifeonaire webinar, quick and effective!
- Spend the rest of the day in quiet time answering:
 - o How can I eliminate or outsource 50% of my emails?
 - o Judge current business practices by time, money potential, fits vision, and skill level, each on a scale of 1-10.
 - o Answer the question: "What do I currently offer in my business that people will NEED even if the economy gets worse?"
 - o What are the most important aspects of the websites to complete first, then what steps will be next?
- Set aside time on the calendar to get plates for my new car.

End of day Notes

Accomplished everything on my list except ordering the guitar part. I had an incredible coaching call with Bob today. I made \$750 for 3 hours worth of my time, which I thoroughly enjoyed. At the end of the day though, I worked too much. Granted, two things are making this a little more OK... I didn't work anywhere near this much last week, and I've paved the way for a smooth rest of this week. I do, however, need to honor my work times. No more working past 5:00PM the rest of this week, and Thursday I'm taking off early to go motorcycle riding with Jennie and goof off.

Tomorrow is going to be a day where I really get a lot accomplished. I'm going to revise my action plan for the next few months, visit my new waypoints and assign dates to each of them. I'm feeling pretty good about recently paying off another \$40K in debt, but I still have a ways to go, so I need to get focused on a new, smaller, bite sized number to hit. I will start tomorrow off with quiet time, and simply pray for guidance. I need some additional clarity right now on the next direction of my business.